

## EGLWYSFACH, FURNACE AND GLANDYFI NEWSLETTER

### 1st FEBRUARY 2018

**WEST WALES RECLAMATION AND SALVAGE** Old Station Yard, Heol y Ddol, Machynlleth, SY20 8BL You can find bricks, fencing, fireplaces, tiles, plant pots, garden furniture, gates, doors, tools, flooring, timber, chimney pots, windows, lighting, staircases, railings, sinks, tables and much more! House/garden/yard clearances Monday, Wednesday, Friday and Saturday - 10am to 5pm. Phone - 077 23029818

**TABLE TENNIS:** 13th and 27th February in the Iron Room, starting at 7.00pm. Remember the sport cannot be beaten for improving co-ordination, mental acuity, reflexes, balance and keeping the brain sharp, while burning lots of calories, being easy on joints and good fun!

**WI OPEN MEETING, Monday, 5th February at 8.00pm:** Stuart Bell: "Pilgrimage to Santiago de Compostela" (by someone who has done it!) All welcome. Visitors pay £2 and have a cup of tea and biscuits.

**CHARITY COFFEE MORNING 24 Feb In the Iron Room 10.30am to noon.** Charity to be decided but we will let you know. Have a chat over delicious cake and coffee/tea, all in a good cause. What could be nicer? Do come! Raffle. Donations.

**CONCERT AT CAPEL Y GRAIG, Saturday 24<sup>th</sup> February 7:30 pm** (Doors open 7:15 pm). The Capel is delighted to welcome back the amazing guitarist Jim Ghedi in celebration of his new Album *A Hymn For Ancient Land*. Jim will be accompanied by Neal Heppleston on Double Bass and Dbh on Violin. All welcome to come and enjoy these brilliant musicians and the wonderful acoustics of the Capel. We will have some heating in the Capel but do bring a warm coat! Suggested donation £7 (or pay what you can)

**RETREAT MORNING** to look at the work of the Holy Spirit of God, on Saturday, 3rd February in the Iron Room from 10.00am--1.30pm, finishing with a light lunch. Welcome to all.

#### **CLETWR EVENTS FOR FEBRUARY:**

**Saturday 3rd February 3.30pm-4.30pm 'Youth Art Exhibition Opening'**—Celebrating the emerging talent! Join us for cake and see the new exhibition in the 'Cwtch' for one month only!

**Tuesday 6th February 7.15pm-8.30pm 'Rupert Marshall—The Language of Bird Song'**—What do birds sing, how do they sing it, and why? Why do they sing so early in the morning? How do they know what to sing? Slides and talk. **Suggested donation, £3.**

**Monday 12th, 19th, 26th February and Monday 5th March 6.30pm-9.00pm 'Mandala Painting Course'** - Another chance to create your own pieces of meditative art with Anne Thomas. A 4-week course. **£40/£30 book via <http://www.shiningedge.co.uk>**

**Sunday 18th February 11.00am-1.30pm 'Historical Walk of Tre'r Ddôl and Taliesin'**— Immerse yourself in the history of our area with Nigel Callaghan. A 3k walk *in Welsh*. **Booking essential. Suggested donation, £3.**

\* **Every Sunday 'Social Run'**—Meet up for those wanting to have a go.... 3k to 5k run. Bring a high visibility top. **Just turn up and sign in!**

\* **Every Tuesday 'Walkie Talkies'** — Looking for a bit of motivation and to enjoy a bit of company while getting some exercise? All ages and abilities welcome — give it a go! **Just turn up!**

**Cletwr is always looking for new volunteers** whether it is to help in the cafe, assist at one of our many events, give a talk, help with translations or bake cakes. If you have time to spare either on a regular basis or just here and there, we'd be delighted to hear from you. Please contact Sue or Karen - [cletwr@cletwr.com](mailto:cletwr@cletwr.com) or call in.

**SIGNS OF SPRING:** Kate Fenhalls had snowdrops up before Christmas, but in a pot. I think this may be cheating! And Victoria Bamford says "Good to hear the song-thrush again running through his repertoire."

**TRANSPORT: BUSES. Please note: Several more T2 buses are running.** Get the new timetable for the Aberystwyth/Bangor route. **Also NB** the T2 that goes to Machynlleth every morning now leaving Eglwysfach at 0925. The last bus from Aberystwyth now leaves at 21.00.

**RSPB YNYSHIR EVENTS IN FEBRUARY** Tel 01654 700080 for more information

Sun. 11th 11.00-1500 "Make a Home for Wildlife" Drop in session. Bird & Bug boxes, shelters for wildlife, you name it and we will help you make it. Entry free £5 per nest box and £3 bug "hotel".

Wed.14th 13.00-15.00 "Show The Love on Valentine's Day" Come and make a Green heart for the things you care about affected by Climate Change. Craft material available. Charge £3

Wed 21st 11.00-1500 "Make a Home for Wildlife" as on Sun. 11th above.

**Y TABERNACL. Music Club concert on Friday 16th February 7-30pm** "Gitarissima" of Vienna. Tickets - Non members £12, under 18s £1

**IRON ROOM** if anyone has ideas for a function to raise money for the Iron Room, please tell us.

**SCOTTISH DANCING** on Wednesday, 21st February at 7.30pm in the Iron Room. Informal and fun -- all welcome. £2.50 an evening.

**LOCAL EVENTS FOR FEBRUARY 2018**, all in the Iron Room unless otherwise indicated.

Thu. 1	14.30	Tai Chi
Sat. 3	10.00-13.30	Retreat morning. See above.
Sun. 4	09.30	Holy Communion, St Michael's, Eglwysfach
Mon. 5	20.00	Wl. Stuart Bell: "Pilgrimage to Santiago de Compostela"
Thu. 8	14.30	Tai Chi
Fri. 9	14.30	Book Club, <i>The Help</i> by Kathryn Stockett. All welcome
Sun. 11	09.30	Morning Service, St Michael's
Tue. 13	19.00	Table Tennis
Thu. 15	14.30	Tai Chi
Sun.18	09.30	Holy Communion, St Michael's
Wed.21	19.30	Scottish dancing. All welcome.
Thu. 22	14.30	Tai Chi
Fri. 23	14.00	PCC meeting
Sat. 24	10.30-12.00	Coffee Morning. All welcome
Sun. 25	09.30	Morning Service, St Michael's
Tue. 27	19.00	Table Tennis

PLEASE EMAIL [janiem@gmail.com](mailto:janiem@gmail.com) WITH ANY NEWS OR VIEWS FOR THE MARCH NEWSLETTER,